

USEFUL CONTACTS

'ASK IZZY' for housing, food, employment, drug and alcohol services (and much more!)
www.askissy.org.au

LINK2HOME
1800 152 152

ABORIGINAL LEGAL SERVICE
1800 765 767
for police charges and court matters

ABORIGINAL LEGAL SERVICE
1800 733 233
for care and protection and family matters

YOUTH HOTLINE
1800 101 810

KIDS HELPLINE
1800 551 800

In any emergency, please call 000

www.womensjusticenetwork.net.au

THE DAY I ASKED
FOR A MENTOR
I MADE A LIFE
CHANGING CHOICE

Get in touch with us
we would love to hear from you

PO Box 21391,
World Square NSW 2002
Tel: 02 8011 0699
Email: youth@wjn.net.au
Find us on Facebook or
www.womensjusticenetwork.net.au

WJN

www.womensjusticenetwork.net.au



MY WAY

YOUTH MENTOR PROGRAM



WOMEN'S JUSTICE NETWORK

www.womensjusticenetwork.net.au

“ BE STRONG ENOUGH TO STAND ALONE, SMART ENOUGH TO KNOW WHEN YOU NEED HELP, AND BRAVE ENOUGH TO ASK FOR IT. ”

MY WAY YOUTH MENTOR PROGRAM

Everyone is unique and one size does not fit all. My Way youth mentoring is about building up your strengths and interests so you can achieve your goals.

WJN's Youth Mentoring My Way is to prevent female youth (aged 14-25) from entering, or re-entering, the criminal justice system.

We believe that everyone deserves another chance, and want to give you the right support to make most of it.

The logo for WJN, consisting of the letters 'W', 'J', and 'N' in a bold, sans-serif font. The 'W' and 'J' are connected at the top, and the 'N' is to the right. Below the letters are two horizontal lines of varying lengths, one under the 'W' and one under the 'J'.

Photos used are stock photos, using models

HOW CAN A MENTOR HELP ME?

Making changes in your life is hard, and we can sometimes feel alone. It isn't easy knowing who you can trust or who will be there for you when you need it. Having a mentor is a big step in the right direction, because they can be there to celebrate the highs and encourage you in the lows. WJN mentors are non-judgemental, female role models who are there to support you.

Mentoring is:

- About supporting you and your goals
- A way to reconnect with your community, which can sometimes be challenging and stressful
- An opportunity to be heard, respected and supported for who you are

WHATS IN IT FOR ME?

Mentors can:

- Regularly be there for you
- Listen to your story and needs without judgement
- Encourage you to build self esteem and confidence
- Help you learn new skills to reach your goals and to stay out of prison
- Help you navigate services